

Quiet Days at Home (online retreats)

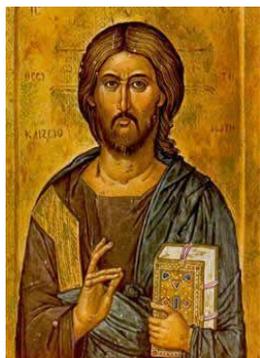
No need to make a reservation for these Quiet Days. A week before each online retreat you will receive an email invitation with log in details.



12 September 2020

The road less travelled: walking the path of love

Life is full of choices, crossroads and paths – narrow or wide – that at times appear before us. In the teachings of Jesus, the narrow path, the one less travelled, is the way of selfless love. This Quiet Day is an invitation to explore and discover how to unlock that love in our lives, so that we can have a deeper and more transformative relationship with God and others. We will do so in conversation with scripture, mystics and poets, as well as art, music and prayer.



28 November 2020

Imagi Christi: seeing Christ with new eyes

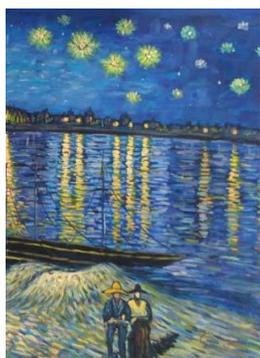
The Apostle Paul once described Jesus as “the visible likeness of the invisible God.” (Colossians 1:15) This Advent Quiet Day is an invitation to see Christ with new eyes, as we prepare to celebrate the mystery of Christmas. We will meditate on different images of Christ found in the bible, in poetry and in art history. We will reflect on our own images of God and how they impact on our faith and spiritual journeys. And we will listen to the witness of the Spanish mystics, as their walk with Jesus shaped their view of him.



6 February 2021

Hearing the voices of modern day prophets

In the Hebrew Bible, prophets were those who denounced injustice and offered new visions of the future. Often a future without injustice, violence or greed. In recent times, prophetic voices from all over the world have spoken out asking for change. Artists, activists, poets, philosophers and pastors, who believe that a new world is possible. Here we will explore the connections between the Beatitudes and the message of modern day *prophets*, such as Desmond Tutu, Greta Thunberg, Jenny Te Paa, or Rubem Alves.



10 April 2021 **Saving Beauty: an Easter exploration**

A Quiet Day in collaboration with Mark Burrows. We will explore Dostoevsky’s bold claim that “beauty alone will save us” – because it has the power to awaken us to the “ordinary” miracles among which we live, in the midst of the struggles and disappointments we face. Our reflections will offer guidance in “practicing” beauty, aided by the witness of poets and artists – Mary Oliver and Isek Dinesen; Rainer Maria Rilke, Emily Dickinson and Vincent van Gogh – who cultivated its gifts in fragmented and often destitute times.

Residential retreat-pilgrimages in Spain: Segovia-Ávila & Úbeda-Baeza

**NOW taking
bookings!**



31 May – 5 June 2021: Segovia & Avila
**Behold the Beloved: contemplating Christ
with John of the Cross and Teresa of Avila**

In a conversation with his disciples Jesus asked them: “who do you say that I am?” (Mtt.16:15) This is one of the most important questions every follower of the rabbi of Nazareth has to wrestle with in their lives. In this retreat-pilgrimage we will explore our own images of God in conversation with the Spanish mystics, scriptures, art and nature. Hosted and facilitated by Daniel Muñoz and Guy Wynter, at the St. John of the Cross monastery in Segovia, the programme includes: daily morning and night prayer; teaching input from Daniel Muñoz and the brothers from the community; guided pilgrimage-walks in the cities of Segovia and Avila; a guided visit to the Segovia cathedral fine arts museum to explore images of Christ in art; personal free time to reflect and relax in the monastery gardens; and a closing Eucharist. Full board.

Prices: €775 (shared occupancy) / €845 (single occupancy).



20-25 September 2021: Úbeda & Baeza

**Navigating the affairs of the soul:
exploring the wisdom of the Spanish mystics**

A journey through the letters of John of the Cross and Teresa of Avila, exploring practical lessons for loving and for living. In this retreat-pilgrimage we will reflect on the spiritual wisdom that has come to us through the extensive epistolary collection of these great Spanish mystics. A wisdom that is deeply rooted in God, yet very real about the challenges and twists and turns of life. Hosted and facilitated by Daniel Muñoz and Guy Wynter, at the Carmelite Priory in Úbeda, the programme includes: daily morning and night prayer; teaching input from Daniel Muñoz and the brothers from the community; guided pilgrimage-walks in the cities of Ubeda and Baeza; a guided visit to the St John of the Cross Museum in Ubeda; free time to reflect and relax in the monastery gardens; and a closing Eucharist. Full board.

Prices: €775 (shared occupancy) / €845 (single occupancy).

2021