

Navigating the Affairs of the Soul

11-16 May 2020



Exploring the wisdom of the Spanish mystics

Led by Daniel Muñoz; hosted by Guy Wynter.

	Mon	Tues	Wed	Thurs	Fri	Sat
08.30h		Morning Prayer	Morning Prayer	Morning Prayer	Morning Prayer	
09.00h		Breakfast	Breakfast	Breakfast	Breakfast	09.00h Breakfast
10.00h		Retreat session: <i>Teresa's Wisdom through her letters</i>	Retreat session: <i>John's Wisdom through his letters</i>	Pilgrimage Walk in Baeza	Retreat session: <i>Navigating the affairs of the soul in our lives</i>	Guests depart Travel to Málaga*
11.30h		<i>Coffee Break</i>	<i>Coffee Break</i>		<i>Coffee Break</i>	
13.00h		Lunch	Lunch	Lunch**	Lunch	
After-noon	Guests arrive / Travel to venue*	Personal Time	14.30 Return to Retreat Centre Personal Time	Return to Úbeda and Free Time	Personal Time	
17.00h	<i>Afternoon Tea</i>	<i>Afternoon Tea</i>	<i>Afternoon Tea</i>	<i>Afternoon Tea</i>	<i>Afternoon Tea</i>	
17.30h	Welcome & Intro Session: <i>The World of the Spanish Mystics</i>	Pilgrimage Walk in Úbeda	Guided Visit of the St John of the Cross Museum	Retreat session: <i>Navigating the affairs of the world in which we live</i>	Concluding Session Eucharist	
20.00h	Dinner	Dinner	Dinner	Dinner	Dinner	
21.30h	Night Prayer	Night Prayer	Night Prayer	Night Prayer		

* A courtesy mini-bus will leave Málaga Train Station (María Zambrano) at 14.30h. Guests who wish to use this service to travel to Úbeda, please, meet at the Station at 14.00h. Your Los Olivos host will be by the Tickets & Information Centre inside the terminal. The return courtesy mini-bus will leave Úbeda on Saturday at 10.00h and arrive in Málaga at 12.30h.

** Lunch is not included in the price. Guests will be free to have lunch at a local restaurant / tapas bar in Baeza city centre.