



programme

Quiet Days at Home (online retreats)

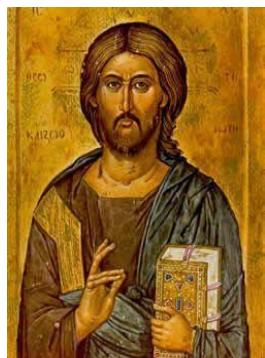
No need to make a reservation for these Quiet Days. A week before each online retreat you will receive an email invitation with log in details.



12 September 2020

The road less travelled: walking the path of love

Life is full of choices, crossroads and paths – narrow or wide – that at times appear before us. In the teachings of Jesus, the narrow path, the one less travelled, is the way of selfless love. This Quiet Day is an invitation to explore and discover how to unlock that love in our lives, so that we can have a deeper and more transformative relationship with God and others. We will do so in conversation with scripture, mystics and poets, as well as art, music and prayer.



28 November 2020

Imagi Christi: seeing Christ with new eyes

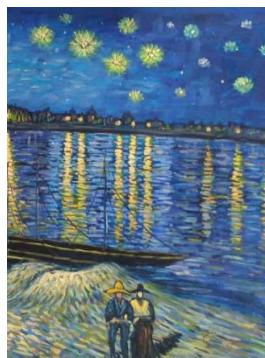
The Apostle Paul once described Jesus as “the visible likeness of the invisible God.” (Colossians 1:15) This Advent Quiet Day is an invitation to see Christ with new eyes, as we prepare to celebrate the mystery of Christmas. We will meditate on different images of Christ found in the bible, in poetry and in art history. We will reflect on our own images of God and how they impact on our faith and spiritual journeys. And we will listen to the witness of the Spanish mystics, as their walk with Jesus shaped their view of him.



6 February 2021

Hearing the voices of modern day prophets

In the Hebrew Bible, prophets were those who denounced injustice and offered new visions of the future. Often a future without injustice, violence or greed. In recent times, prophetic voices from all over the world have spoken out asking for change. Artists, activists, poets, philosophers and pastors, who believe that a new world is possible. Here we will explore the connections between the Beatitudes and the message of modern day *prophets*, such as Desmond Tutu, Greta Thunberg, Jenny Te Paa, or Rubem Alves.



10 April 2021 **Saving Beauty: an Easter exploration**

A Quiet Day in collaboration with Mark Burrows. We will explore Dostoevsky's bold claim that "beauty alone will save us" – because it has the power to awaken us to the "ordinary" miracles among which we live, in the midst of the struggles and disappointments we face. Our reflections will offer guidance in "practicing" beauty, aided by the witness of poets and artists – Mary Oliver and Isek Dinesen; Rainer Maria Rilke, Emily Dickinson and Vincent van Gogh – who cultivated its gifts in fragmented and often destitute times.

2020-2021



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9 October 2021

Sayings of Light and Love: discovering the wisdom of the mystics

A Quiet Day exploring one of the best hidden gems of John of the Cross, his *Sayings of Light and Love*. This collection of sayings range from practical advice to spiritual guidance, and from tips about prayer to lessons about how to overcome the seductive power of the “false self” (Richard Rohr). An opportunity to stop and reflect at the beginning Advent, discovering practical wisdom for life and for walking in the footsteps of Jesus.



11 December 2021

Learning from modern day mystics

In most faith traditions mystics have always lived the tension between prayer and action in their lives. They have also pointed us to an inner journey that is able to change our perception of the world and how we relate to God and others. In this quiet day we will draw from the teachings of modern day mystics, such as Evelyn Underhill, Henry Nouwen, Simone Weil, Thomas Merton, Teresa of Calcutta and Richard Rohr, to explore lessons on how to live as followers of Christ in our world today.

Group Retreat-Pilgrimages



BESPOKE RETREAT-PILGRIMAGES FOR GROUPS

Los Olivos Retreats has selected three stunning locations for group retreats and pilgrimages in Spain: Segovia, Úbeda and Málaga. Each of these cities offers a wide range of possibilities for bespoke group retreats and pilgrimages around Christian spirituality themes (including the Spanish mystics), with opportunities to explore Spanish art, history, spirituality, poetry and nature. We will work with you to adapt the week to your interests and group needs. To find out more about our selected venues in each city, and sample retreat-pilgrimage ideas, visit:

<https://www.losolivosretreats.co.uk/groups>

2021